



NIIBA WINTER CAMP 2024



2.1.24 - 5.1.24

**English speaking group**

**Karol**

**Ďurný**

**Jozef**

**Jursa**

**Filip**

**Kňaze**

**Martin**

**Stoličný**

**Vojin**

**Aleksić**

**Vladimir**

**Ilić**

**Lea**

**Harantová**

**Stella**

**Jankovičová**

**Alžbeta**

**Dlgošová**

**Michaela**

**Šafáriková**

**Adam**

**Hupka**

**Adam**

**Rehák**

**Matej**

**Janovický**

**Ondrej**

**Benček**

**Artur**

**Pír**

**Michal**

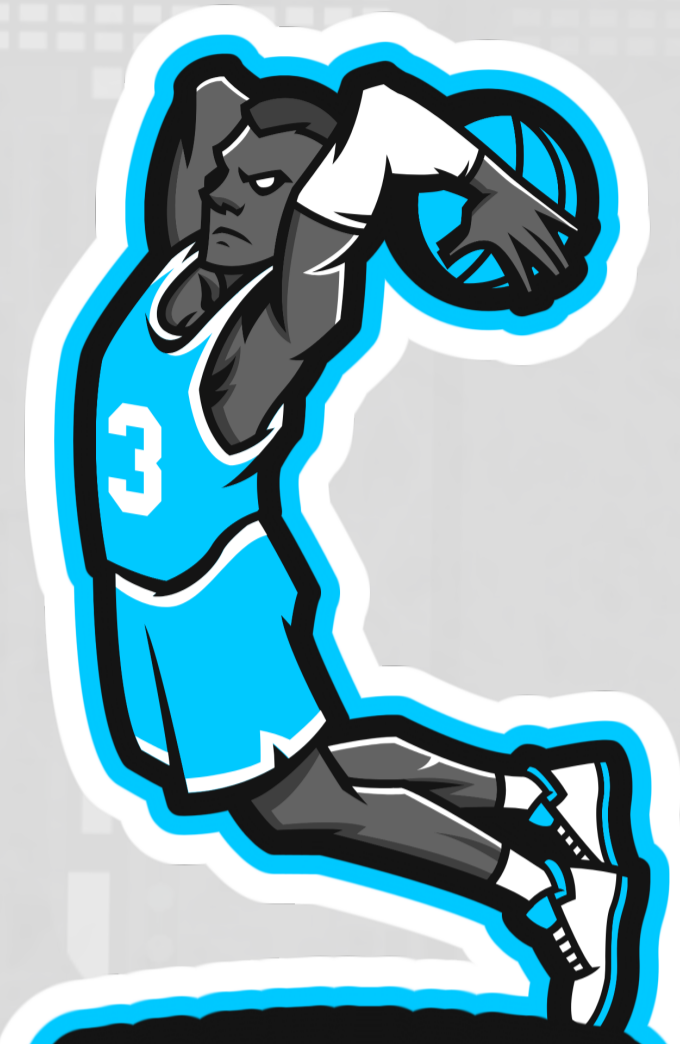
**Šajánek**



**Head coach:**  
**Martins Berkis**  
**Assistant:**  
**Dávid Komada**



- **Insurance card**
- **Identity card (who has)**
- **Alarm clock**
- **Shorts**
- **T-shirts**
- **Socks**
- **Underwear**
- **Tracksuit set**
- **Sports bag or backpack**
- **Towel**
- **Sports shoes for indoor training**
- **Sports shoes for outdoor training**
- **Clothes for outdoor training**
- **Winter hat**
- **Gloves**
- **A scarf**
- **A plastic water bottle**
- **Umbrella or raincoat**
- **Toiletries**
- **Medicines if needed**
- **Patches**
- **Manicure**
- **Pocket money**



# **Check list**

**Things to bring to camp**



# Tuesday 2.1.2024

**10:00**

**Arrival to Senica**

**10:30-12:30**

**Practice GYMNASIUM**

**12:45**

**Lunch**

**16:00-18:00**

**Practice GYMNASIUM**

**18:15**

**Dinner**

**19:30 - 21:00**

**Evening program**

**21:15**

**Second dinner**

**22:00**

**Lights OUT**



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# Wednesday 3.1.2024

**6:30**

**Breakfast**

**8:00-10:00**

**Practice BUSINESS  
ACADEMY**

**11:15**

**Lunch**

**14:00-16:00**

**Practice BUSINESS  
ACADEMY**

**17:00**

**Dinner**

**19:30 - 21:00**

**Evening program**

**21:15**

**Second dinner**

**22:00**

**Lights OUT**



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# Thursday 4.1.2024

**6:30**

**Breakfast**

**8:00-10:00**

**Practice GYMNASIUM**

**11:00**

**Lunch**

**13:00-14:00**

**Mental coaching**

**14:00-16:00**

**Practice GYMNASIUM**

**17:00**

**Dinner**

**19:30 - 21:00**

**Evening program**

**21:15**

**Second dinner**

**22:00**

**Lights OUT**



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# Friday 5.1.2024

**7:30**

**Breakfast**

**10:00-12:00**

**Practice GYMNASIUM**

**12:30**

**Lunch**

**14:00-17:00**

**BLIZZARD  
ALL Star Games**

**17:00**

**Departure from CAMP**



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